

Nebraska Public Policy CENTER

# Psychological First Aid for Schools Training of Trainers with Dr. Melissa Brymer

for Nebraska Educators and Disaster Behavioral Health Partners

Psychological First Aid for Schools (PFA-S) is an evidenceinformed intervention model to assist students, families, school personnel, and school partners in the immediate aftermath of an emergency. **This is a Train-the-Trainer workshop**. The purpose of this training is to prepare participants to train others in Psychological First Aid in Schools (PFA-S) within their respective regions, school district, schools, or community. There is an expectation that participants will deliver no less than two (2) trainings next school year. **Participants must attend both days of the training**. You should also have a familiarity with PFA-S prior to the first day of the training. The guide can be accessed at <u>www.nctsn.org/resources/</u> **psychological-first-aid-schools-pfa-s-field operations-guide**. **There is a cap of 25 registrants per training**.

#### COST

No fee to attend this training

**REGISTER ONLINE** 

go.unl.edu/registration\_pfa-s



## QUESTIONS?

Contact Jason Shonerd jason.shonerd@unl.edu

#### DATE/TIME

Thurs. Sept. 19 & Fri. Sept. 20 8:30 a.m.- 3:30 p.m. (Central)

# LOCATION

**ESU 9 (in person)** 5807 Osborne Drive W. Hastings, NE 68901

## **SPONSORS**

Sponsored by the Nebraska Department of Education and the University of Nebraska Public Policy Center.

This training opportunity is funded under grant number H79SM084735 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS. For more information, please visit SAMHSA.gov.



# MELISSA BRYMER PhD, PsyD

Participants will be

contacted by the Nebraska Department of Education

to determine if they are eligible for a stipend.

Dr. Melissa Brymer is the Director of Terrorism and Disaster Programs at the UCLA & Duke University National Center for Child Traumatic Stress and an expert on how children deal with stress following disasters such as school shootings. Dr. Brymer studies how best to offer psychological assistance in the aftermath of disasters and is a co-author of the Psychological First Aid for Schools Field Operations Guide.